

Monday
Tuesday
Wednesday
Thursday
Friday

Chicken & Waffles
 Crispy Chicken
 Waffle Bites
 Home Fried Potatoes
 Maple Syrup
 Fruit Choice

4

Taco Nachos
 Seasoned Beef
 Corn Tortilla Chips
 Cheddar Cheese
 Salsa
 Fruit Choice

5

Chicken Parmesan
 Sandwich
 Spinach Salad
 Fruit Choice

6

General Tso Chicken
 Fried Rice
 Steamed Edamame
 Diced Pineapple

7

Personal Pizza
 Seasoned Green Beans
 Fruit Choice

8

Columbus Day
No School

11

Quesadilla
 Black Bean Salad
 Fruit Choice

12

Steak and Cheese
 Sandwich
 Sautéed Mushrooms
 Fruit Choice

13

Pasta with Meat
 Sauce
 Garlic Bread
 Steamed Broccoli
 Fruit Choice

14

French Bread Pizza
 Sweet Corn
 Fruit Choice

15

Cheeseburger
 Turkey Bacon
 Oven Baked Fries
 Fruit Choice

18

Taco Salad
 Corn Tortilla Shell
 Romaine Lettuce
 Cheddar Cheese
 Salsa

19

Meatball
 Grinder
 Cucumber Salad
 Fruit Choice

20

Teriyaki Chicken
 Steamed Rice
 Roasted Carrots
 Fruit Choice

21

Personal Pizza
 Bean Salad
 Fruit Choice

22

Brunch for Lunch
 French Toast
 Chicken Sausage
 Home Fried Potatoes
 Fruit Choice

25

Beef Burrito Bowl
 Seasoned Rice
 Pico De Gallo
 Black Beans
 Corn Tortilla Shell

26

Chicken Sliders
 Honey Mustard or BBQ
 Sauce
 Coleslaw
 Fruit Choice

27

Chicken Tenders
 Potato Wedges
 Garden Salad
 Fruit Choice

28

French Bread Pizza
 Glazed Carrots
 Fruit Choice

29

All Meals Are Free to All Students and include a choice of Milk

